

SONGS TO SUPPORT DEVELOPMENT

Songs, stories and rhymes are a great way to support your child's development. Throughout history and across cultures, caregivers have used music to interact with their children.

Songs support your child's development in many ways. For example, singing a lullaby while rocking a baby stimulates early language development, promotes attachment, and supports an infant's growing spatial awareness as the child experiences their body moving in space. What is great is that singing requires no special equipment or training.

For your child, your voice is the safest and most familiar sound, and is far better than any recorded music (even if you are off key - children love the sound of their parents voice!)

Sing songs from your language/culture. You can even make up your own songs.

CLAP, CLAP, CLAP YOUR HANDS

TUNE OF "ROW, ROW, ROW YOUR BOAT"

Clap, Clap, Clap your hands,
Clap them just like me!
Clap them high, clap them low,
Clap so joyfully!

Wave, Wave, Wave your hands,
Wave them up and down!
Wave them fast, wave them slow,
Wave them all around!

Stomp, Stomp, Stomp your feet,
Stomp them on the ground,
Stomp them fast, stomp them slow,
Make a happy sound!



**SUPPORTS
GROSS MOTOR DEVELOPMENT**

THIS LITTLE FINGER

This little finger points to the sky (point up)
This little finger points to my eye (point to eye)
This little finger points to my nose (point to nose)
This little finger wiggles my toes (wiggle fingers and toes)



**SUPPORTS
POINTING DEVELOPMENT**

TEDDY BEAR, TEDDY BEAR, ROLL RIGHT OVER



Teddy bear, teddy bear, roll to the right (*gently guide baby rolling to one side*)
Teddy bear, teddy bear what a sight!
Teddy bear, Teddy bear roll to the left (*gently guide baby rolling to the other side*)
Teddy bear, teddy bear way to go!

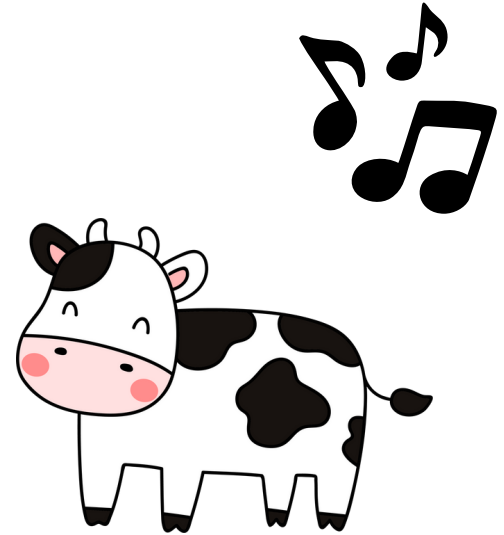
**SUPPORTS
ROLLING DEVELOPMENT**

WHEN COWS WAKE UP IN THE MORNING

When cows get up in the morning,
They always say "Good Day!"
When cows get up in the morning,
They always say "Good Day!"
Moo, moo, moo, that's how they say "Good Day!"
Moo, moo, moo, that's how they say "Good Day!"

Cows can be replaced with a variety of animals:

When pigs get up in the morning,
They always say "Good Day!"
When pigs get up in the morning,
They always say "Good Day!"
Oink, oink, oink, that's how they say "Good Day!"
Oink, oink, oink, that's how they say "Good Day!"



**SUPPORTS
SOUND/LANGUAGE DEVELOPMENT**

WHERE IS BABY? (PEEKABOO SONG)

TUNE OF "ARE YOU SLEEPING"

Where is baby? Where is baby? (cover face with hands)
Here I am! Here I am! (uncover face and smile)
I see you! I see you! (point at baby)
Peekaboo! Peekaboo!



**SUPPORTS
OBJECT PERMANENCE**

OTHER SONGS TO TRY

- Wheels on the Bus: add actions for each verse of the song (e.g., the horn on the bus goes beep, beep, beep- imitate honking a horn with your hand.)
- Baa Baa Black Sheep
- Itsy Bitsy Spider



**Child
Development
Centre**



867-456-8182
info@cdcyukon.ca
www.cdcyukon.ca