



Follow Along Program

Your child's early years are important. Learn about milestones and how to support your child's development.

This program is for children from birth to five years old and their parents or caregivers.

- Learn about your child's development and milestones and what to expect next as your child grows and develops.
- Be provided with fun ideas for activities to try at home.
- Have a chance to ask questions about how your child is moving, talking, sleeping, behaving, or anything else related to their development.
- If needed, you can receive additional support, information, and coaching to help you and your child.

Visits are scheduled a few times each year, the frequency depends on the age of your child, and your child's needs. Visits are fun and focused on play.

The Follow Along program is free and is available in Whitehorse and all Yukon communities.

Visits take place at our centre, your home, or another location if requested.

You can enroll your child anytime by filling out a referral form at www.cdcyukon.ca/referral or calling 867-456-8182.



Child Development Centre

Free & confidential services.

A non-governmental organization.

867-456-8182 • cdcyukon.ca